



## Transition Age Youth

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### Table of Contents:

- ☐ [Employment and Autism](#)
- ☐ [Education Support](#)
- ☐ [Conservatorship/Power of Attorney](#)
- ☐ [SSI in California](#)
- ☐ [IHSS](#)
- ☐ [Regional Center Adult Services](#)
- ☐ [Special needs estate planning](#)
- ☐ [Parent Support](#)
- ☐ [Social Recreation Opportunities on the Central Coast](#)
- ☐ [Self Advocacy/Advocacy](#)
- ☐ [What is neurodiversity affirming?](#)

### Employment and Autism

- [CA Department of Rehabilitation](#) - DOR has support for students with disabilities looking for employment. Provides support through the job interview and application process as well as some on the job support.
- [Achievement House and NCI Affiliates](#)
- [PathPoint](#)
- [Workplace NeuroDiversity Rising](#) by Lyric Rivera (Neurodivergent Rebel)
- [Ways to Support Me at Work](#)
- [California Career Zone](#)
- [My Next Move](#)
- [Pictorial Interest Inventory](#)
- [California Transition Alliance](#)

### Education Support

- [Cuesta College Disability Services Application Process](#)
- [Allan Hancock College Learning Assistance Program](#)
- [Cal Poly Disability Resource Center](#)
- [High school vs. college disability supports](#)
- [Central Coast Assistive Technology Center](#)

### Conservatorship/Power of Attorney

- [O'LEARY WALLACE](#)
- [California Courts Self Help Guide \(Conservatorships and Alternatives\)](#)
- [How to start a limited conservatorship](#)
- [Limited Conservator Duties](#)



# CCASC Resource Guide

<ul style="list-style-type: none"><li>• <a href="#">Alternatives to conservatorship</a></li></ul>
<b><a href="#">SSI in California</a></b>
<ul style="list-style-type: none"><li>• <a href="#">SSI qualification for autistic adults</a></li><li>• <a href="#">Working and SSI Benefits: Family Transition Network Committee Video</a></li></ul>
<b>IHSS</b>
<ul style="list-style-type: none"><li>• <a href="#">How to apply for IHSS</a></li><li>• <a href="#">IHSS: A Guide for Advocates</a></li><li>• <a href="#">IHSSadvocates - IHSS Advocates</a> “IHSSadvocates provides full service representation for those families pursuing In-Home Supportive Service benefits. Specifically, our program focuses on over turning protective supervision denials for families with developmentally disabled children.”</li><li>• <a href="#">IHSS Advocacy facebook group</a></li></ul>
<b>Regional Center Adult Services</b>
<ul style="list-style-type: none"><li>• <a href="#">How to get started with Regional Center</a></li><li>• <a href="#">TCRC Transition to Adulthood Brochure</a></li><li>• <a href="#">Regional Center Social Recreation funding is back!</a></li></ul>
<b>Special needs estate planning</b>
<ul style="list-style-type: none"><li>• <a href="#">O’Leary Wallace</a></li></ul>
<b>Parent Support</b>
<ul style="list-style-type: none"><li>• <a href="#">SLO SELPA Value and Support of a Parent's Role in Secondary Transition Video</a></li><li>• <a href="#">Parents Helping Parents Family Resource Centers</a> - San Luis Obispo and Atascadero locations, they host support groups, workshops and a lending library for parents and professionals with books, reference materials, tapes, &amp; DVD’s on parenting and special needs. <a href="#">Parents Helping Parents Online Library</a></li></ul>
<b>Support Groups</b>
<p>In person:</p> <ul style="list-style-type: none"><li>• <a href="#">Parents Helping Parents SLO</a> - many different groups available live and via zoom, please see/contact them for latest offerings<ul style="list-style-type: none"><li>○ (805) 543-3277 or email: <a href="mailto:php@ucp-slo.org">php@ucp-slo.org</a></li></ul></li></ul> <p>Online:</p> <ul style="list-style-type: none"><li>• <a href="#">Special Needs Support</a></li><li>• <a href="#">Special Needs Parent Support and Discussion</a></li></ul>



## **Blogs**

[Finding Cooper's Voice](#)  
[The Forever Nest by Kathy Radigan](#)  
[Spectrumy](#)  
[Autism with a side of fries](#)

## **Podcasts**

[Uniquely Human, The Podcast](#)  
[Sensory W.I.S.E. Solutions Podcast for Parents](#)

## **Social Media Accounts**

[Autism Discussion Page](#)  
[Autie-biographical comics](#)  
[Single Parents of Children With Autism](#)  
[On The Hard Days](#) - parent perspective  
[Autism Spectrum News](#)  
[Mom on the Spectrum Youtube Channel](#) - videos about being an autistic adult

## **Books**

The Organization for Autism Research offers a curated library of autism-related ebooks AND audiobooks through the Libby app. The library includes popular fiction and non-fiction books, clinical texts, guidebooks, kids' books, and more for community members to borrow for free from their personal devices for leisure or educational reading.

**How to get access:** [Create a free account with OAR here.](#)

Download the Libby app and search for 'Organization for Autism Research' as the library name or [visit on your desktop](#) and select Sign In With My Card. Once you finish logging in with the same email address associated with your OAR account, you'll have access to the online collection.

- [Welcome to the Autistic Community](#) - free online book from the Autistic Self Advocacy Network
- [Different, Not Less: A neurodivergent's guide to embracing your true self and finding your happily ever after: Hayden, Chloe](#)
- [Uniquely Human: Updated and Expanded: A Different Way of Seeing Autism Barry M. Prizant PhD](#)
- [Supporting Transgender Autistic Youth and Adults: Gratton](#)



# CCASC Resource Guide

- [Unmasking Autism: Discovering the New Faces of Neurodiversity by Devon Price](#)
- [Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age by Sarah Henrickx](#)
- [100ish books on Autism and Neurodiversity](#)

## Social Recreation Opportunities on the Central Coast

- [CCASC Monthly Activities](#)
- [CCASC Camp Expedition](#) - day camp, family style, sessions for school age kids, teens, and young adults. In 2024, we are offering cabins for overnight family rental as well.
- [2024 CCASC Autism Walk and Resource Fair](#)
- [Project Surf Camp](#)
- [Special Olympics Southern California](#)
- [First Christian Church Santa Maria Special Needs Ministry](#)
- [Regional Center Social Recreation funding is back!](#)

## Self Advocacy/Advocacy

- [How to explain autism to a newly diagnosed young adult](#)
- [Autistic Self Advocacy Network](#)

## Videos

- [Should I disclose my autism diagnosis?](#)
- [Learn From US - nonspeaking autism](#)
- [Two Purposes: Accepting and Including People with Disabilities](#) - multi faith video about including people with disabilities in religious communities

## Books

- [Knowing Why: Adult-Diagnosed Autistic People on Life and Autism - Autistic Self Advocacy Network](#)
- [Navigating College: A Handbook on Self Advocacy - Autistic Self Advocacy Network](#)
- [Roadmap to Transition: A Handbook for Autistic Youth Transitioning to Adulthood - Autistic Self Advocacy Network](#)
- [Accessing Home and Community-Based Services: A Guide for Self Advocates - Autistic Self Advocacy Network](#)
- [100-ish Books for Autistic Adults Exploring Their Autistic Identity](#)

[CCASC Provider Database](#)



**What is neurodiversity affirming?**

[Neurodiversity Affirming Resources](#)