



School Aged

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IEP process, parents rights (looking for sources explaining them), local advocates/legal, CA ed code

- [School evaluations](#)
- [How do I request a school evaluation?](#)
- [The Special Ed Process in the US](#)
- [How are kids eligible for IEPs?](#)
- [CA Ed Code on Special Ed Eligibility](#)
- [What is “Educational Need?”](#)
- [IEPs Overview](#)
- [504 Plans](#)
- [Common Accommodations with Autism IEP Eligibility](#)
- [Disability Rights California– Special Education Rights and Responsibilities](#) - This manual explains how to become eligible for special education, how to request and advocate for special education services, and what to do if you disagree with school districts.
- [What rights do parents have in IEP meetings?](#)
- [Procedural Safeguards from the CA Dept of Ed](#)
- [FACES](#) - facebook group dedicated to school advocacy
- [What is Selpa \(English\) What is Selpa \(Spanish\)](#)
- [SLO SELPA Parent Orientation to Special Education Video Slides](#)
- [SLO SELPA Understanding Special Education Video Slides](#)
- [Autism Resources for Educators](#)

[CCASC Provider Database](#)



Therapy options (and descriptions), what is quality therapy?

[What makes a good therapist for your autistic child?](#)

ABA

- [What is Applied Behavioral Analysis?](#)
- [American Psychological Association Statement on ABA \(2017\)](#)
- [ABA Therapy for Autism is Nationally Accepted and Approved](#)
- [Applied Behavior Analysis Treatment of Autism Spectrum Disorder: Practice Guidelines](#)
- [What is ABA? What are some of the controversies around ABA? How do I find quality therapy?](#)
- [Let's Talk About ABA](#)
- [3 Neuroaffirmative ways to work with ABA](#)
- [Access to ABA Therapy](#)

OT/Sensory

- [What is Occupational Therapy for Kids?](#)
- [What is OT?](#)
- [How to get a referral for an OT evaluation from your pediatrician](#)
- [Tips for Creating a Sensory Friendly Environment](#)
- [Sensory Processing Disorder](#)
- [What Does Sensory Overload Look Like?](#)
- [Sensory Overload Video](#)
- [Sensory Under Responders, Sensory Cravers, Sensory Over Responders](#)
- [Interoception](#)
- [Proprioception](#)
- [Top 5 Reasons to See an OT](#)
- [The Occupational Therapist](#)
- [The OT Butterfly](#)
- [Regulation Ideas](#)
- [How Sensory Processing Effects Behaviors](#)

Speech Therapy/AAC:

- [Speech Therapy: What is it and How does it work?](#)
- [How AAC Supports Speech](#)
- [Who Can Benefit from AAC?](#)



- [AAC Devices: What they are and how to get one](#)

Info on neurodiversity affirming movement

[Benefits to Embracing Neurodiversity in Schools](#)

[Neurodiversity Affirming Resources](#)

Parent Support

- [Talking with Children About Autism](#)
- [How to Talk to Kids About Autism](#)
- [Helping your kids develop a positive neurodivergent identity](#)
- [How do I tell my autistic child about autism?](#)
- [Parents Helping Parents Family Resource Centers](#) -
- San Luis Obispo and Atascadero locations, they host support groups, workshops and a lending library for parents and professionals with books, reference materials, tapes, & DVD's on parenting and special needs. [Parents Helping Parents Online Library](#)

Support Groups

In person:

- [Parents Helping Parents SLO](#) - many different groups available live and via zoom, please see/contact them for latest offerings
 - (805) 543-3277 or email: php@ucp-slo.org

Online:

- [Special Needs Support](#)
- [Special Needs Parent Support and Discussion](#)

Blogs

[Finding Cooper's Voice](#)

[The Forever Nest by Kathy Radigan](#)

[Spectrumy](#)

[Autism with a side of fries](#)

Podcasts

[Uniquely Human, The Podcast](#)

[Sensory W.I.S.E. Solutions Podcast for Parents](#)

[In It: Supporting Kids Who Learn and Think Differently](#)



Social Media Accounts

[Autism Discussion Page](#)
[Autie-biographical comics](#)
[Single Parents of Children With Autism](#)
[On The Hard Days](#) - parent perspective
[Autism Spectrum News](#)

Books

The Organization for Autism Research offers a curated library of autism-related ebooks AND audiobooks through the Libby app. The library includes popular fiction and non-fiction books, clinical texts, guidebooks, kids' books, and more for community members to borrow for free from their personal devices for leisure or educational reading.

How to get access: [Create a free account with OAR here.](#)

Download the Libby app and search for 'Organization for Autism Research' as the library name or [visit on your desktop](#) and select Sign In With My Card. Once you finish logging in with the same email address associated with your OAR account, you'll have access to the online collection.

- [Welcome to the Autistic Community](#) - free online book from the Autistic Self Advocacy Network
- [Supporting Autistic Girls & Gender Diverse Youth: Ladybugs, Yellow](#)
- [Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges: Delahooke, Mona](#)
- [Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids: Delahooke, Mona](#)
- [The Explosive Child \[Sixth Edition\]: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children: Greene PhD, Ross W](#)
- [The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind: Siegel M.D., Daniel J. J., Bryson, Tina Payne](#)
- [Uniquely Human: Updated and Expanded: A Different Way of Seeing Autism Barry M. Prizant PhD](#)
- [Supporting Transgender Autistic Youth and Adults: Gratton](#)
- [Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age by Sarah Henrickx](#)
- [100ish Inclusive Children's Books on Autism and Neurodiversity](#)
- [Wonderfully Wired Brains: An Introduction to the World of Neurodiversity: Gooding, Louise, Burrows, Ruth](#)



CCASC Resource Guide

- [100ish books on Autism and Neurodiversity](#)

Social Recreation Opportunities on the Central Coast

- [CCASC Monthly Activities](#)
- [CCASC Camp Expedition](#) - day camp, family style, sessions for school age kids, teens, and young adults. In 2024, we are offering cabins for overnight family rental as well.
- [2024 CCASC Autism Walk and Resource Fair](#)
- [Project Surf Camp](#)
- [A Special Twist Gym](#)
- [5 Cities Swim School](#)
- [Jacks Helping Hand - Little Riders](#)
- [First Christian Church Santa Maria Special Needs Ministry](#)
- [Can extracurricular activities be included in an IEP?](#)
- [Extracurricular Rights 101](#)
- [Lets Talk About Screen Time for Autistic Folk](#)
- [Regional Center Social Recreation funding is back!](#)

Regional Center

- [Regional Center Eligibility](#)
- [How to get started with Regional Center](#)
- [TCRC School Age Services Brochure](#)
- [Regional Center Appeal Process 3+](#)
- [Regional Center Social Recreation funding is back!](#)

IHSS

- [How to apply for IHSS](#)
- [IHSS: A Guide for Advocates](#)
- [IHSSadvocates - IHSS Advocates](#) “IHSSadvocates provides full service representation for those families pursuing In-Home Supportive Service benefits. Specifically, our program focuses on over turning protective supervision denials for families with developmentally disabled children.”
- [IHSS Advocacy facebook group](#)

Self Advocacy/Advocacy



- [Why is it so hard to talk about autism and other disability?](#)
- [Neurodiversity video for kids](#)
- [Amazing Things Happen](#)
- [My Brain is Autistic](#)
- [Lets Talk About Your Brain](#)
- [Different Brains](#)
- [A Story About Brains and Phones](#)
- [The Neuro Bears](#)
- [Autistic children explain autism in 60 seconds!](#)
- [Scripts to help kids self advocate](#)
- [Learn From US](#) - nonspeaking autism
- [Two Purposes: Accepting and Including People with Disabilities](#) - multi faith video about including people with disabilities in religious communities
- [Bullying and Disability Harassment](#)

Books

- [All My Stripes](#) - a book for children about autism
- [A Kids Book About Neurodiversity: Petix the Ot Butterfly, Laura](#)
- [A Day Without Words](#) - children's book about being nonverbal and using AAC
- [Awesome Autistic Go-To Guide: A Practical Handbook for Autistic Teens and Tweens : Purkis, Yenn, Masterman, Tanya](#)